

FOR IMMEDIATE RELEASE

PHX Minerals Reports Results for the Quarter Ended June 30, 2023; Announces Dividend Payment

FORT WORTH, Texas, Aug. 8, 2023 – PHX MINERALS INC., "PHX" or the "Company" (NYSE: PHX), today reported financial and operating results for the quarter ended June 30, 2023.

Summary of Results for the Quarter Ended June 30, 2023

- Net loss was (\$0.04) million, or \$0.00 per share, compared to net income of \$9.6 million, or \$0.27 per share, for the quarter ended March 31, 2023, and net income of \$8.6 million, or \$0.25 per share, for the quarter ended June 30, 2022.
- Adjusted pretax net income⁽¹⁾ was \$0.6 million, or \$0.02 per share, compared to \$4.7 million, or \$0.13 per share, for the quarter ended March 31, 2023, and \$4.3 million, or \$0.12 per share, for the quarter ended June 30, 2022.
- Adjusted EBITDA⁽¹⁾ was \$4.1 million, compared to \$7.7 million for the quarter ended March 31, 2023, and \$7.2 million for the quarter ended June 30, 2022.
- Royalty production volumes decreased 4% to 2,010 Mmcfe compared to the quarter ended March 31, 2023, and increased 26% compared to the quarter ended June 30, 2022.
- Total production volumes decreased 7% to 2,304 Mmcfe compared to the quarter ended March 31, 2023, and decreased 5% compared to the quarter ended June 30, 2022.
- Converted 81 gross (0.30 net) wells to producing status, compared to 117 gross (0.46 net) during the quarter ended March 31, 2023 and 96 gross (0.25 net) during the quarter ended June 30, 2022.
- Inventory of 186 gross (0.51 net) wells in progress and 86 gross (0.40 net) permits as of June 30, 2023, compared to 198 gross (0.65 net) wells in progress and 86 gross (0.24 net) permits as of March 31, 2023.
- Total debt was \$23.8 million and the debt to adjusted EBITDA (TTM)⁽¹⁾ ratio was 0.93x at June 30, 2023.
- PHX closed on acquisitions totaling 151 net royalty acres located in the SCOOP and the Haynesville plays for approximately \$1.8 million.
- PHX announced a \$0.0225 per share quarterly dividend, payable on Sept. 8, 2023, to stockholders of record as of Aug. 24, 2023.
- ⁽¹⁾ This is a non-GAAP measure. Refer to the Non-GAAP Reconciliation section.

Chad L. Stephens, President and CEO, commented, "We continue to experience significant activity on our minerals including wells being put on production, new wells being spud and new permitting, demonstrating the quality of our assets even during a down market with lower natural gas prices. During the quarter, we experienced increased rig activity on our minerals compared to a year ago, expanding our market share of rigs operating within our core regions. The sequential decline in royalty volumes during the quarter is primarily attributable to the timing of wells being placed online. We continually monitor operator activity across our mineral position and are confident that the timing of our wells in progress will support our royalty volume growth allowing us to achieve our royalty volume outlook for calendar 2023, driving revenue growth and increasing cash flow.

"It appears the second quarter likely represented the bottom for natural gas prices and current macro dynamics suggest sequential price improvements in the remainder of the year," said Stephens. "In spite of a dramatic drop in natural gas prices in the second quarter, PHX Minerals remained focused on proactively allocating its free cash flow to fund acquisitions, return capital to shareholders via our fixed dividend and improving our liquidity position. This speaks to the inherent benefits of our business model in mitigating risks and expanding margins to maximize cash flow. The acquisition market dynamics are improving as natural gas prices stabilize. Our strong balance sheet and cash flow provide ample liquidity to deploy judiciously to fund our growth strategy."

Financial Highlights

		Months Ended ne 30, 2023		Three Months Ended June 30, 2022		Six Months Ended June 30, 2023		Six Months Ended une 30, 2022
Royalty Interest Sales	\$	6,217,663	\$	12,473,415	\$	16,341,404	\$	21,352,409
Working Interest Sales	<u>\$</u> \$	1,013,501	<u>\$</u> \$	7,088,153	<u>\$</u> \$	2,747,007	<u>\$</u> \$	12,993,024
Natural Gas, Oil and NGL Sales	\$	7,231,164	\$	19,561,568	\$	19,088,411	\$	34,345,433
Gains (Losses) on Derivative Contracts	\$ <u>\$</u> \$	183,006	\$	(2,387,226)	\$	3,985,826	\$	(15,370,632)
Lease Bonuses and Rental Income	\$	111,991	<u>\$</u> \$	209,329	\$	425,141	\$	371,237
Total Revenue	\$	7,526,161	\$	17,383,671	\$	23,499,378	\$	19,346,038
Lease Operating Expense								
per Working Interest Mcfe Transportation, Gathering and Marketing	\$	1.07	\$	1.08	\$	1.26	\$	1.05
per Mcfe	\$	0.39	\$	0.59	\$	0.43	\$	0.60
Production Tax per Mcfe	\$	0.20	\$	0.38	\$	0.22	\$	0.33
G&A Expense per Mcfe	\$	1.38	\$	1.18	\$	1.29	\$	1.15
Cash G&A Expense per Mcfe ⁽¹⁾	\$	1.07	\$	0.95	\$	1.01	\$	0.94
Interest Expense per Mcfe	\$	0.23	\$	0.12	\$	0.23	\$	0.11
DD&A per Mcfe	\$	0.96	\$	0.83	\$	0.86	\$	0.85
Total Expense per Mcfe	\$	3.30	\$	3.47	\$	3.21	\$	3.41
Net Income (Loss)	\$	(41,291)	\$	8,589,010	\$	9,511,953	\$	4,568,555
Adjusted EBITDA ⁽²⁾	\$	4,086,707	\$	7,194,102	\$	11,826,947	\$	13,013,517
Cash Flow from Operations ⁽³⁾	\$	4,915,788	\$	8,404,654	\$	13,849,265	\$	15,700,984
CapEx ⁽⁴⁾	\$	84,593	\$	72,176	\$	275,419	\$	158,847
CapEx - Mineral Acquisitions	\$	1,677,388	\$	8,954,133	\$	11,914,003	\$	18,228,580
Borrowing Base					\$	45,000,000	\$	50,000,000
Debt					\$	23,750,000	\$	28,300,000
Debt to Adjusted EBITDA (TTM) ⁽²⁾						0.93		1.31

⁽¹⁾ Cash G&A expense is G&A excluding restricted stock and deferred director's expense from the adjusted EBITDA table in the non-GAAP Reconciliation section.

⁽²⁾ This is a non-GAAP measure. Refer to the Non-GAAP Reconciliation section.

⁽³⁾ GAAP cash flow from operations.

⁽⁴⁾ Includes legacy working interest expenditures and fixtures and equipment.

Operating Highlights

	Months Ended e 30, 2023	 ee Months Ended une 30, 2022	 Months Ended ine 30, 2023	Months Ended une 30, 2022
Gas Mcf Sold Average Sales Price per Mcf before the	 1,854,485	 1,897,799	3,813,496	 3,805,829
effects of settled derivative contracts Average Sales Price per Mcf after the	\$ 1.92	\$ 6.82	\$ 2.75	\$ 5.65
effects of settled derivative contracts % of sales subject to hedges	\$ 2.49 45%	\$ 4.32 63%	\$ 3.18 47%	\$ 3.80 62%
Oil Barrels Sold Average Sales Price per Bbl before the	41,009	48,928	95,116	100,559
effects of settled derivative contracts Average Sales Price per Bbl after the	\$ 73.87	\$ 105.23	\$ 75.09	\$ 98.06
effects of settled derivative contracts % of sales subject to hedges	\$ 73.80 53%	\$ 60.18 73%	\$ 71.58 49%	\$ 62.02 73%
NGL Barrels Sold	33,929	39,732	67,033	80,103
Average Sales Price per Bbl ⁽¹⁾	\$ 18.93	\$ 36.76	\$ 22.02	\$ 37.41
Mcfe Sold Natural gas, oil and NGL sales before the	2,304,113	2,429,760	4,786,390	4,889,802
effects of settled derivative contracts Natural gas, oil and NGL sales after the	\$ 7,231,164	\$ 19,561,568	\$ 19,088,411	\$ 34,345,433
effects of settled derivative contracts	\$ 8,280,104	\$ 12,607,397	\$ 20,394,028	\$ 23,687,014

(1) There were no NGL settled derivative contracts during the 2023 and 2022 quarters.

Total Production for the last four quarters was as follows:

Quarter ended	Mcf Sold	Oil Bbls Sold	NGL Bbls Sold	Mcfe Sold
6/30/2023	1,854,485	41,009	33,929	2,304,113
3/31/2023	1,959,010	54,107	33,104	2,482,276
12/31/2022	1,669,320	52,406	38,611	2,215,419
9/30/2022	2,047,614	49,902	40,761	2,591,588

Total production volumes attributable to natural gas were 80% for the quarter ended June 30, 2023.

Royalty Interest Production for the last four quarters was as follows:

Quarter ended	Mcf Sold	Oil Bbls Sold	NGL Bbls Sold	Mcfe Sold
6/30/2023	1,673,346	35,599	20,516	2,010,036
3/31/2023	1,700,974	45,395	20,063	2,093,722
12/31/2022	1,303,825	33,691	20,353	1,628,089
9/30/2022	1,525,363	32,202	20,488	1,841,502

Royalty production volumes attributable to natural gas were 83% for the quarter ended June 30, 2023.

*****MORE****

Working Interest	Production	for the	last four	quarters	was as follows:
------------------	------------	---------	-----------	----------	-----------------

Quarter ended	Mcf Sold	Oil Bbls Sold	NGL Bbls Sold	Mcfe Sold
6/30/2023	181,139	5,410	13,413	294,077
3/31/2023	258,036	8,712	13,041	388,554
12/31/2022	365,495	18,715	18,258	587,330
9/30/2022	522,251	17,700	20,273	750,086

Quarter Ended June 30, 2023, Results

The Company recorded net loss of (\$0.04) million, or \$0.00 per share, for the quarter ended June 30, 2023, as compared to net income of \$8.6 million, or \$0.25 per share, for the quarter ended June 30, 2022. The change in net income was principally the result of a decrease in natural gas, oil and NGL sales and a decrease in gains on asset sales, partially offset by an increase in gains associated with our hedge contracts and a decrease in income tax provision.

Natural gas, oil and NGL revenue decreased \$12.3 million, or 63%, for the quarter ended June 30, 2023, compared to the quarter ended June 30, 2022, due to decreases in natural gas, oil and NGL prices of 72%, 30% and 49%, respectively, and decreases in natural gas, oil and NGL volumes of 2%, 16% and 15%, respectively.

The production increase in royalty volumes during the quarter ended June 30, 2023, as compared to the quarter ended June 30, 2022, resulted from new wells in the Haynesville Shale coming online.

The Company had a net gain on derivative contracts of \$0.2 million for the quarter ended June 30, 2023, compromised of a \$1.0 million gain on settled derivatives and a \$0.9 million non-cash loss on derivatives, as compared to a net loss of (\$2.4) million for the quarter ended June 30, 2022. The change in net gain on derivative contracts was due to the Company's settlements of natural gas and oil collars and fixed price swaps and the change in valuation caused by the difference in June 30, 2023 pricing relative to the strike price on open derivative contracts.

Six Months Ended June 30, 2023, Results

The Company recorded net income of \$9.5 million, or \$0.26 per share, for the six months ended June 30, 2023, as compared to a net income of \$4.6 million, or \$0.13 per share, for the six months ended June 30, 2022. The change in net income was principally the result of an increase in gains associated with our hedge contracts and an increase in gains on asset sales, partially offset by a decrease in natural gas, oil and NGL sales and an increase in income tax provision.

Natural gas, oil and NGL revenue decreased \$15.3 million, or 44%, for the six months ended June 30, 2023, compared to the six months ended June 30, 2022, due to decreases in natural gas, oil and NGL prices of 51%, 23% and 41%, respectively, and decreases in oil and NGL volumes of 5% and 16%, respectively.

The production increase in royalty volumes during the six months ended June 30, 2023, as compared to the six months ended June 30, 2022, resulted from new wells in the Haynesville Shale coming online.

The Company had a net gain on derivative contracts of \$4.0 million for the six months ended June 30, 2023, compromised of a \$1.7 million gain on settled derivatives and a \$2.3 million non-cash gain on derivatives, as compared to a net loss of (\$15.4) million for the six months ended June 30, 2022. Gain on settled derivative contracts for the six months ended June 30, 2023, excludes \$0.4 million of cash paid to settle off-market derivative contracts. The total cash received to settle hedge contracts during the six months ended June 30, 2023 was \$1.3 million. The change in net gain on derivative contracts was due to the Company's settlements of natural gas and oil collars and fixed price swaps and the change in valuation caused by the difference in June 30, 2023 pricing relative to the strike price on open derivative contracts.

Operations Update

During the quarter ended June 30, 2023, the Company converted 81 gross (0.30 net) wells to producing status, including 26 gross (0.20 net) wells in the Haynesville and 20 gross (0.06 net) wells in the SCOOP, compared to 96 gross (0.25 net) wells in the quarter ended June 30, 2022.

*****MORE****

At June 30, 2023, the Company had a total of 186 gross (0.51 net) wells in progress across its mineral positions and 86 gross (0.40 net) active permitted wells, compared to 198 gross (0.65 net) wells in progress and 86 gross (0.24 net) active permitted wells at March 31, 2023. As of July 10, 2023, 15 rigs were operating on the Company's acreage and 61 rigs operating within 2.5 miles of its acreage.

As of June 30, 2023:	SCOOP	STACK	Bakken/ Three Forks	Arkoma Stack	Haynesville	Other	Total
Gross Wells in Progress on PHX Acreage ⁽¹⁾	68	12	8	5	84	9	186
Net Wells in Progress on PHX Acreage ⁽¹⁾	0.174	0.025	0.001	0.001	0.284	0.028	0.513
Gross Active Permits on PHX Acreage	30	11	13	5	21	6	86
Net Active Permits on PHX Acreage	0.115	0.046	0.049	0.002	0.161	0.025	0.398
As of July 10, 2023:							
Rigs Present on PHX Acreage	5	2	-	-	8	-	15
Rigs Within 2.5 Miles of PHX Acreage	12	15	3	1	23	7	61

(1) Wells in progress includes drilling wells and drilled but uncompleted wells, or DUCs.

Leasing Activity

During the quarter ended June 30, 2023, the Company leased 367 net mineral acres for an average bonus payment of \$526 per net mineral acre and an average royalty of 23%.

Acquisition and Divestiture Update

During the quarter ended June 30, 2023, the Company purchased 151 net royalty acres for approximately \$1.8 million and had no significant divestitures.

	Acquisitions					
	SCOOP	Haynesville	Other	Total		
During Three Months Ended June 30, 2023:						
Net Mineral Acres Purchased	113	5	-	118		
Net Royalty Acres Purchased	144	7	-	151		

Outlook

PHX is providing an updated operational outlook for 2023 as follows:

	Calendar Year 2022 Actual	Calendar Year 2023 YTD Actual	Calendar Year 2023 Outlook
Mineral & Royalty Production (Mmcfe)	6,613	4,104	7,600 - 8,600
Working Interest Production (Mmcfe)	3,084	683	1,200 - 1,400 ⁽¹⁾
Total Production (Mmcfe)	9,697	4,787	8,800 - 10,000
Percentage Natural Gas	78%	80%	78% - 83%
Transportation, Gathering & Marketing (per			
Mcfe)	\$0.63	\$0.43	\$0.45 - \$0.50
Production Tax (as % of pre-hedge sales			
volumes)	4.50%	5.50%	5.50% - 6.00%
LOE Expenses (on an absolute basis in 000's)	\$3,807	\$860	\$1,200 - \$1,400
Cash G&A (per Mcfe)	\$1.01	\$1.01	\$1.00 - \$1.06

(1) Pro-forma divestitures of Eagle Ford and Arkoma working interest assets, excludes potential future sales of additional working interest assets.

*****MORE*****

Quarterly Conference Call

PHX will host a conference call to discuss the Company's results for the quarter ended June 30, 2023, at 11 a.m. EDT tomorrow, Aug. 9, 2023. Management's discussion will be followed by a question-and-answer session with investors.

To participate on the conference call, please dial 877-407-3088 (toll-free domestic) or 201-389-0927. A replay of the call will be available for 14 days after the call. The number to access the replay of the conference call is 877-660-6853 and the PIN for the replay is 13740305.

A live audio webcast of the conference call will be accessible from the "Investors" section of PHX's website at https://phxmin.com/events. The webcast will be archived for at least 90 days.

FINANCIAL RESULTS

	Stat	ements of Ope	ratio	ons				
	Three Months Ended June 30, 2023 2022		Six Months En 2023		ded J	une 30, 2022		
Revenues:								
Natural gas, oil and NGL sales	\$	7,231,164	\$	19,561,568	\$	19,088,411	\$	34,345,433
Lease bonuses and rental income		111,991		209,329		425,141		371,237
Gains (losses) on derivative contracts		183,006		(2,387,226)		3,985,826		(15,370,632)
		7,526,161		17,383,671		23,499,378		19,346,038
Costs and expenses:								
Lease operating expenses		314,150		900,807		859,917		1,830,261
Transportation, gathering and marketing		906,373		1,430,136		2,035,129		2,918,654
Production taxes		461,893		925,197		1,043,326		1,622,590
Depreciation, depletion and amortization		2,210,332		2,022,832		4,100,322		4,143,948
Provision for impairment		-		6,277		2,073		6,277
Interest expense		524,294		286,345		1,081,767		516,557
General and administrative		3,177,103		2,877,614		6,159,012		5,621,878
Losses (gains) on asset sales and other		139,307		(630,547)		(4,195,121)		(2,891,682)
Total costs and expenses		7,733,452		7,818,661		11,086,425		13,768,483
Income (loss) before provision (benefit) for income taxes		(207,291)		9,565,010		12,412,953		5,577,555
Provision (benefit) for income taxes		(166,000)		976,000		2,901,000		1,009,000
Net income (loss)	\$	(41,291)	\$	8,589,010	\$	9,511,953	\$	4,568,555
Basic and diluted earnings (loss) per common share	\$	(0.00)	\$	0.25	\$	0.26	\$	0.13
Weighted average shares outstanding: Basic		35,965,281		34,652,155		35,950,615		34,473,247
Diluted		35,965,281		34,851,214		36,034,438		34,473,247
Dividends per share of								
common stock paid in period	\$	0.0225	\$	0.02	\$	0.045	\$	0.035

PHX Minerals Inc.

Reports Quarter ended June 30, 2023 Results ... cont.

Balance Sheets

	June 30, 2023	Dec. 31, 2022
Assets Current assets:		
Cash and cash equivalents	\$ 1,267,627	\$ 2,115,652
Natural gas, oil, and NGL sales receivables (net of \$0	5,839,904	9,783,996
allowance for uncollectable accounts)	5,055,504	9,785,996
Refundable income taxes	675,268	_
Derivative contracts, net	1,371,377	_
Held for sale assets		6,420,051
Other	370,896	1,543,956
Total current assets	9,525,072	19,863,655
Properties and equipment at cost, based on		
successful efforts accounting:		
Producing natural gas and oil properties	189,868,020	181,431,139
Non-producing natural gas and oil properties	61,180,555	57,781,644
Other	1,347,124	1,122,436
	252,395,699	240,335,219
Less accumulated depreciation, depletion and amortization	(110,426,239)	(107,085,212)
Net properties and equipment	141,969,460	133,250,007
Derivative contracts, net	_	141,345
Operating lease right-of-use assets	640,799	706,871
Other, net	596,874	695,399
Total assets	\$ 152,732,205	\$ 154,657,277
		<u>_</u>
Liabilities and Stockholders' Equity Current liabilities:		
Accounts payable	\$ 270,780	\$ 504,466
Derivative contracts, net	\$ 270,780	\$ 504,400 1,534,034
Income taxes payable	-	576,427
Current portion of operating lease liability	226,389	217,656
Held for sale liabilities	220,389	889,155
Accrued liabilities and other	1,342,795	3,121,522
Total current liabilities	1,839,964	6,843,260
Total current habilities	1,839,904	0,845,200
Long-term debt	23,750,000	33,300,000
Deferred income taxes, net	5,132,906	2,453,906
Asset retirement obligations	1,041,177	1,027,777
Derivative contracts, net	83,857	-
Operating lease liability, net of current portion	814,169	929,208
Total liabilities	32,662,073	44,554,151
		,
Stockholders' equity:		
Common Stock, \$0.01666 par value; 54,000,500 shares authorized and		
35,938,900 issued at June 30, 2023; 54,000,500 shares authorized		
and 35,938,206 issued at Dec. 31, 2022	598,742	598,731
Capital in excess of par value	43,782,600	43,344,916
Deferred directors' compensation	1,368,956	1,541,070
Retained earnings	77,555,195	68,925,774
Less treasury stock, at cost; 225,723 shares at June 30,	123,305,493	114,410,491
2023, and 300,272 shares at Dec. 31, 2022	(3,235,361)	(4,307,365)
	(5,255,501) 120,070,132	
Total stockholders' equity		110,103,126
Total liabilities and stockholders' equity	\$ 152,732,205	\$ 154,657,277

Condensed Statements of Cash Flows

		Six Months En 2023		nded June 30, 2022	
Operating Activities					
Net income (loss)	\$	9,511,953	\$	4,568,555	
Adjustments to reconcile net income (loss) to net cash provided					
by operating activities:					
Depreciation, depletion and amortization		4,100,322		4,143,948	
Impairment of producing properties		2,073		6,277	
Provision for deferred income taxes		2,679,000		(159,000)	
Gain from leasing fee mineral acreage		(425,141)		(370,131)	
Proceeds from leasing fee mineral acreage		488,173		450,881	
Net (gain) loss on sales of assets		(4, 428, 212)		(3,028,394)	
Directors' deferred compensation expense		109,383		79,728	
Total (gain) loss on derivative contracts		(3,985,826)		15,370,632	
Cash receipts (payments) on settled derivative contracts		1,865,779		(1,215,245)	
Restricted stock award expense		1,228,871		963,203	
Other		70,526		18,515	
Cash provided (used) by changes in assets and liabilities:				-)	
Natural gas, oil and NGL sales receivables		3,944,092		(3,760,490)	
Other current assets		405,055		247,518	
Accounts payable		(228,305)		(155,410)	
Income taxes receivable		(675,268)		(860,416)	
Other non-current assets		95,283		(403,745)	
Income taxes payable		(576,427)		(499,939)	
Accrued liabilities		(332,066)		304,497	
Total adjustments		4,337,312		11,132,429	
Net cash provided by operating activities	·	13,849,265		15,700,984	
Net cash provided by operating activities		13,849,205		15,700,984	
Investing Activities					
Capital expenditures		(275,419)		(158,847)	
Acquisition of minerals and overriding royalty interests		(11,914,003)		(18,228,580)	
Net proceeds from sales of assets		9,223,405		3,265,897	
Net cash provided (used) by investing activities		(2,966,017)		(15,121,530)	
Financing Activities					
Borrowings under credit facility		6,000,000		10,300,000	
Payments of loan principal		(15,550,000)		(2,000,000)	
Net proceeds from equity issuance		-		4,702,619	
Cash receipts from (payments on) off-market derivative contracts		(560,162)		(9,443,174)	
Purchases of treasury stock		(669)		-	
Payments of dividends		(1,620,442)		(1,208,967)	
Net cash provided (used) by financing activities		(11,731,273)		2,350,478	
Increase (decrease) in cash and cash equivalents		(848,025)		2,929,932	
Cash and cash equivalents at beginning of period		2,115,652		1,559,350	
Cash and cash equivalents at end of period	\$	1,267,627	\$	4,489,282	
Supplemental Disclosures of Cash Flow Information:					
Interest paid (net of capitalized interest)	\$	1,155,637	\$	487,487	
Income taxes paid (net of refunds received)	\$	1,473,696	\$	2,528,356	
Supplemental Schedule of Noncash Investing and Financing Activities:					
Gross additions to properties and equipment	\$	12,952,046	\$	18,248,046	
Net increase (decrease) in accounts receivable for properties					
and equipment additions		(762,624)		139,381	
Capital expenditures and acquisitions	\$	12,189,422	\$	18,387,427	
· · ·	-				

Proved Reserves

	Proved Reserves SEC Pricing					
	June 30, 2023			Sept. 30, 2022		
Proved Developed Reserves:						
Mcf of Gas		46,258,075		50,304,185		
Barrels of Oil		979,110		1,275,853		
Barrels of NGL		1,456,785		1,698,046		
Mcfe(1)		60,873,448		68,147,579		
Proved Undeveloped Reserves:						
Mcf of Gas		6,484,678		11,933,021		
Barrels of Oil		90,075		106,924		
Barrels of NGL		119,268		64,637		
Mcfe(1)		7,740,736		12,962,387		
Total Proved Reserves:						
Mcf of Gas		52,742,753		62,237,206		
Barrels of Oil		1,069,185		1,382,777		
Barrels of NGL		1,576,053		1,762,683		
Mcfe (1)		68,614,184		81,109,966		
10% Discounted Estimated Future						
Net Cash Flows (before income taxes):						
Proved Developed	\$	135,258,962	\$	184,948,239		
Proved Undeveloped		22,990,870		52,978,389		
Total	\$	158,249,832	\$	237,926,628		
SEC Pricing						
Gas/Mcf	\$	4.63	\$	6.41		
Oil/Barrel	\$	82.41	\$	90.33		
NGL/Barrel	\$	31.24	\$	38.09		

Proved Reserves - Projected Future Pricing (2)

10% Discounted Estimated Future	Proved Reserves				
Net Cash Flows (before income taxes):	Ju	ine 30, 2023	Sept. 30, 2022		
Proved Developed	\$	102,982,498	\$	128,718,584	
Proved Undeveloped		17,361,221		39,770,031	
Total	\$	120,343,719	\$	168,488,615	

(1) Crude oil and NGL converted to natural gas on a one barrel of crude oil or NGL equals six Mcf of natural gas basis.

(2) Projected futures pricing as of June 30, 2023, and Sept. 30, 2022 (the Company's fiscal year-end prior to adoption of December 31 as fiscal year-end), basis adjusted to Company wellhead price.

Derivative Contracts as of July 20, 2023

	Production volume		
Contract period	covered per month	Index	Contract price
Natural gas costless collars			¢2.00.0 / ¢4.70 °1°
July - December 2023	20,000 Mmbtu	NYMEX Henry Hub	\$3.00 floor / \$4.70 ceiling
July - September 2023	75,000 Mmbtu	NYMEX Henry Hub	\$3.50 floor / \$7.00 ceiling
October - December 2023	25,000 Mmbtu	NYMEX Henry Hub	\$3.50 floor / \$7.00 ceiling
November 2023 - March 2024	30,000 Mmbtu	NYMEX Henry Hub	\$3.25 floor / \$5.25 ceiling
December 2023 - September 2024	30,000 Mmbtu	NYMEX Henry Hub	\$3.00 floor / \$3.60 ceiling
January 2024	135,000 Mmbtu	NYMEX Henry Hub	\$4.50 floor / \$7.90 ceiling
February 2024	125,000 Mmbtu	NYMEX Henry Hub	\$4.50 floor / \$7.90 ceiling
March 2024	130,000 Mmbtu	NYMEX Henry Hub	\$4.50 floor / \$7.90 ceiling
April 2024	90,000 Mmbtu	NYMEX Henry Hub	\$3.50 floor / \$4.70 ceiling
May 2024	95,000 Mmbtu	NYMEX Henry Hub	\$3.50 floor / \$4.70 ceiling
June 2024	90,000 Mmbtu	NYMEX Henry Hub	\$3.50 floor / \$4.70 ceiling
January - March 2024	30,000 Mmbtu	NYMEX Henry Hub	\$3.00 floor / \$6.00 ceiling
October 2024 - June 2025	30,000 Mmbtu	NYMEX Henry Hub	\$3.00 floor / \$5.00 ceiling
November 2024 - March 2025	90,000 Mmbtu	NYMEX Henry Hub	\$3.25 floor / \$5.25 ceiling
Natural gas fixed price swaps			
July - December 2023	100,000 Mmbtu	NYMEX Henry Hub	\$3.37
July - December 2023	20,000 Mmbtu	NYMEX Henry Hub	\$3.57
July - October 2023	20,000 Mmbtu	NYMEX Henry Hub	\$3.58
July - October 2023	50,000 Mmbtu	NYMEX Henry Hub	\$2.52
April - June 2024	10,000 Mmbtu	NYMEX Henry Hub	\$3.21
April - October 2024	50,000 Mmbtu	NYMEX Henry Hub	\$3.17
July - October 2024	75,000 Mmbtu	NYMEX Henry Hub	\$3.47
July - October 2024	25,000 Mmbtu	NYMEX Henry Hub	\$3.47
Oil costless collars		-	
January 2024	1,850 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
February 2024	1,700 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
March 2024	1,750 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
April 2024	1,700 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
May 2024	1,750 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
June 2024	1,650 Bbls	NYMEX WTI	\$63.00 floor / \$76.00 ceiling
January - March 2024	1,650 Bbls	NYMEX WTI	\$65.00 floor / \$76.50 ceiling
April - June 2024	500 Bbls	NYMEX WTI	\$65.00 floor / \$76.50 ceiling
July - October 2024	1,650 Bbls	NYMEX WTI	\$65.00 floor / \$76.50 ceiling
Oil fixed price swaps	-,		÷•••••
July - December 2023	1,500 Bbls	NYMEX WTI	\$67.55
July - December 2023	750 Bbls	NYMEX WTI	\$70.05
July - December 2023	1,500 Bbls	NYMEX WTI	\$80.80
July - December 2023	1,000 Bbls	NYMEX WTI	\$80.74
December 2023 - March 2024	750 Bbls	NYMEX WTI	\$71.75
April - October 2024	1,000 Bbls	NYMEX WTI	\$66.10
April - June 2024	1,300 Bbls	NYMEX WTI	\$70.59
-			
November 2024 - March 2025	1,600 Bbls	NYMEX WTI	\$64.80
April - June 2025	1,000 Bbls	NYMEX WTI	\$68.00

Non-GAAP Reconciliation

This press release includes certain "non-GAAP financial measures" as defined under the rules and regulations of the U.S. Securities and Exchange Commission, or the SEC, including Regulation G. These non-GAAP financial measures are calculated using GAAP amounts in the Company's financial statements. These measures, detailed below, are provided in addition to, not as an alternative for, and should be read in conjunction with, the information contained in the Company's financial statements prepared in accordance with GAAP (including the notes thereto), included in the Company's SEC filings and posted on its website.

*****MORE*****

Adjusted EBITDA Reconciliation

The Company defines "adjusted EBITDA" as earnings before interest, taxes, depreciation and amortization, or EBITDA, excluding non-cash gains (losses) on derivatives and gains (losses) on asset sales and including cash receipts from (payments on) off-market derivatives and restricted stock and deferred directors' expense. The Company has included a presentation of adjusted EBITDA because it recognizes that certain investors consider this amount to be a useful means of measuring the Company's ability to meet its debt service obligations and evaluating its financial performance. Adjusted EBITDA has limitations and should not be considered in isolation or as a substitute for net income, operating income, cash flow from operations or other consolidated income or cash flow data prepared in accordance with GAAP. Because not all companies use identical calculations, this presentation of adjusted EBITDA may not be comparable to a similarly titled measure of other companies. The following table provides a reconciliation of net income (loss) to adjusted EBITDA for the quarters indicated:

	Three Months Ended June 30, 2023		Three Months Ended June 30, 2022		Six Months Ended June 30, 2023		Six Months Ended June 30, 2022		Three Months Ended March 31, 2023	
Net Income (Loss)	\$	(41,291)	\$	8,589,010	\$	9,511,953	\$	4,568,555	\$	9,553,244
Plus:										
Income tax expense										
(benefit)		(166,000)		976,000		2,901,000		1,009,000		3,067,000
Interest expense		524,294		286,345		1,081,767		516,557		557,473
DD&A		2,210,332		2,022,832		4,100,322		4,143,948		1,889,990
Impairment expense		-		6,277		2,073		6,277		2,073
Less:										
Non-cash gains (losses)										
on derivatives		(865,935)		3,282,921		2,306,464		(8,489,719)		3,172,399
Gains (losses) on asset sales		10,230		693,750		4,428,213		2,985,965		4,417,983
Plus:										
Cash receipts from (payments on)										
off-market derivative contracts ⁽¹⁾		-		(1,284,024)		(373,745)		(3,777,505)		(373,745)
Restricted stock and deferred										
director's expense		703,667		574,333		1,338,254		1,042,931		634,587
Adjusted EBITDA	\$	4,086,707	\$	7,194,102	\$	11,826,947	\$	13,013,517	\$	7,740,240

(1) The initial receipt of \$8.8 million of cash from BP Energy Company, or BP, for entering into the off-market derivative contracts had no effect on the Company's statement of operations and was considered cash flow from financing activities. A portion of subsequent settlements with BP had no effect on the Company's statement of operations.

Debt to Adjusted EBITDA (TTM) Reconciliation

"Debt to adjusted EBITDA (TTM)" is defined as the ratio of long-term debt to adjusted EBITDA on a trailing 12-month (TTM) basis. The Company has included a presentation of debt to adjusted EBITDA (TTM) because it recognizes that certain investors consider such ratios to be a useful means of measuring the Company's ability to meet its debt service obligations and for evaluating its financial performance. The debt to adjusted EBITDA (TTM) ratio has limitations and should not be considered in isolation or as a substitute for net income, operating income, cash flow from operations or other consolidated income or cash flow data prepared in accordance with GAAP. Because not all companies use identical calculations, this presentation of debt to adjusted EBITDA (TTM) may not be comparable to a similarly titled measure of other companies. The following table provides a reconciliation of net income (loss) to adjusted EBITDA on a TTM basis and of the resulting debt to adjusted EBITDA (TTM) ratio:

*****MORE*****

PHX Minerals Inc. Reports Quarter ended June 30, 2023 Results ...cont.

	Т	TTM Ended			
	Ju	ne 30, 2023	June 30, 2022		
Net Income (Loss)	\$	22,016,554	\$	7,486,604	
Plus:					
Income tax expense (benefit)		6,313,000		2,221,949	
Interest expense		2,191,181		898,201	
DD&A		7,452,846		7,297,339	
Impairment expense		6,105,472		16,482	
Less:					
Non-cash gains (losses)					
on derivatives		10,211,207		(815,184)	
Gains (losses) on asset sales		8,921,031		1,112,581	
Plus:					
Cash receipts from (payments on)					
off-market derivative contracts ⁽¹⁾		(2,334,403)		2,334,403	
Restricted stock and deferred		(_,,		_,,	
director's expense		2,944,517		1,691,912	
Adjusted EBITDA	\$	25,556,929	\$	21,649,493	
	Ψ	20,000,025	÷		
Debt	\$	23,750,000	\$	28,300,000	
Debt to Adjusted EBITDA (TTM)		0.93		1.31	

(1) The initial receipt of \$8.8 million of cash from BP for entering into the off-market derivative contracts had no effect on the Company's statement of operations and was considered cash flow from financing activities. A portion of subsequent settlements with BP had no effect on the Company's statement of operations.

Adjusted Pretax Net Income (Loss) Reconciliation

"Adjusted pretax net income (loss)" is defined as earnings before taxes and impairment expense, excluding non-cash gains (losses) on derivatives and gains (losses) on asset sales and including cash receipts from (payments on) off-market derivatives. The Company has included a presentation of adjusted pretax net income (loss) because it recognizes that certain investors consider this amount to be a useful means of measuring the Company's ability to meet its debt service obligations and evaluating its financial performance. Adjusted pretax net income (loss) has limitations and should not be considered in isolation or as a substitute for net income, operating income, cash flow from operations or other consolidated income or cash flow data prepared in accordance with GAAP. Because not all companies use identical calculations, this presentation of adjusted pretax net income (loss) to adjusted pretax net income (loss) for the periods indicated:

PHX Minerals Inc. Reports Quarter ended June 30, 2023 Results ...cont.

	Three Months Ended June 30, 2023	Three Months Ended June 30, 2022	Six Months Ended June 30, 2023	Six Months Ended June 30, 2022	Three Months Ended March 31, 2023
Net Income (Loss)	\$ (41,291)	\$ 8,589,010	\$ 9,511,953	\$ 4,568,555	\$ 9,553,244
Plus:					
Income tax expense (benefit)	(166,000)	-	2,901,000	1,009,000	3,067,000
Impairment expense	-	6,277	2,073	6,277	2,073
Less:					
Non-cash gains (losses)					
on derivatives	(865,935)		2,306,464	(8,489,719)	3,172,399
Gains (losses) on asset sales	10,230	693,750	4,428,213	2,985,965	4,417,983
Plus:					
Cash receipts from (payments	S				
on)					
off-market derivative					
contracts ⁽¹⁾		(1,284,024)	(373,745)	(3,777,505)	(373,745)
Adjusted Pretax Net Income					
(Loss)	\$ 648,414	\$ 4,310,592	\$ 5,306,604	\$ 7,310,081	\$ 4,658,190
Weighted average shares					
outstanding					
Basic	35,965,281	34,652,155	35,950,615	34,473,247	35,935,791
Diluted	35,965,281	34,851,214	36,034,438	34,473,247	35,935,791
Adjusted Pretax Net Income					
(Loss)	. <u></u>	. <u>.</u>		<u> </u>	. <u>.</u>
per basic and diluted share	\$ 0.02	\$ 0.12	<u>\$ 0.15</u>	\$ 0.21	\$ 0.13

(1) The initial receipt of \$8.8 million of cash from BP for entering into the off-market derivative contracts had no effect on the Company's statement of operations and was considered cash flow from financing activities. A portion of subsequent settlements with BP had no effect on the Company's statement of operations.

PHX Minerals Inc. (NYSE: PHX) Fort Worth-based, PHX Minerals Inc. is a natural gas and oil mineral company with a strategy to proactively grow its mineral position in its core focus areas. PHX owns mineral acreage principally located in Oklahoma, Texas, Louisiana, North Dakota and Arkansas. Additional information on the Company can be found at www.phxmin.com.

Cautionary Statement Regarding Forward-Looking Statements

This press release includes "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. Words such as "anticipates," "estimates," "believes," "expects," "intends," "will," "should," "may" and similar expressions may be used to identify forward-looking statements. Forward-looking statements are not statements of historical fact and reflect PHX's current views about future events. Forward-looking statements may include, but are not limited to, statements relating to: the Company's operational outlook; the Company's ability to execute its business strategies; the volatility of realized natural gas and oil prices; the level of production on the Company's properties; estimates of quantities of natural gas, oil and NGL reserves and their values; general economic or industry conditions; legislation or regulatory requirements; conditions of the securities markets; the Company's ability to raise capital; changes in accounting principles, policies or guidelines; financial or political instability; acts of war or terrorism; title defects in the properties in which the Company invests; and other economic, competitive, governmental, regulatory or technical factors affecting properties, operations or prices. Although the Company believes expectations reflected in these and other forward-looking statements are reasonable, the Company can give no assurance such expectations will prove to be correct. Such forward-looking statements are subject to a number of assumptions, risks and uncertainties, many of which are beyond the control of the Company. These forward-looking statements involve certain risks and uncertainties that could cause results to differ materially from those expected by the Company's management. Information concerning these risks and other factors can be found in the Company's filings with the SEC, including its Annual Reports on Form 10-K and Quarterly Reports on Form 10-Q, available on the Company's website or the SEC's website at www.sec.gov.

*****MORE****

PHX Minerals Inc.

Reports Quarter ended June 30, 2023 Results ... cont.

Investors are cautioned that any such forward-looking statements are not guarantees of future performance and that actual results or developments may differ materially from those projected. The forward-looking statements in this press release are made as of the date hereof, and the Company does not undertake any obligation to update the forward-looking statements as a result of new information, future events or otherwise.

Investor Contact:

Rob Fink / Stephen Lee

FNK IR

646.809.4048

PHX@fnkir.com

Corporate Contact:

405.948.1560

inquiry@phxmin.com

*****END*****